Beavers	Cubs	Scouts	
Try two adventurous activities. You could try: archery, bouldering, zipwire or aerial runway, climbing, crate stacking, grass sledging, swimming, hiking or pedal gokarts.	Take part in two different adventurous activities. At least one of them should be new to you. You could try: crate stacking, caving, abseiling, grass sledging, mountain boarding, bouldering or rafting.	Take part in four different adventurous activities. At least two of these activities should be new to you and you should try to do them on at least two separate occasions. You could try: abseiling, bellboating, canoeing, caving or potholing, climbing, cycling, dragon boating, gliding, hill walking, hiking, hovercrafting, orienteering, paragliding, pony trekking or horse riding, powered aircraft, pulling, rafting, sailing, snowboarding, stunt kiting, sub-aqua, surfing, water-skiing or windsurfing.	Adventure
Take part in six other outside activities. You could try: following a trail, building a den, having a go on an obstacle course, roasting marshmallows on a fire or BBQ, climbing a tree or building a sandcastle or sand sculpture.	Take part in six other outdoor activities. At least two of them should be new to you. You could try: flying a kite you have made, making and lighting a fire, following a blind trail, making a hot air balloon and flying it, making a ballista, playing some water games, going on an obstacle course or tracking.		
Go on a ramble or nature walk with a purpose.	Go on a hike or follow a trail. Try to walk for about 1-2 hours.		re
Learn the Green Cross Code and show that you can cross a road safely.			<u> </u>
	Prepare for your activities and hikes. Find out what you need to wear and bring, and pack your own bag. You will need to know what you have with you, and remember everything you need.		hallenge
		Show how you have developed your skill and expertise in one of these activities. Show that you know the safety issues involved, and that you can use any equipment needed for the activity safely.	nge
		Learn about any environmental issues caused by your activity. Take steps to reduce any harm to the environment.	
		Research other ways you can take part, or develop your skills, in your chosen activities. Follow up your research with action!	